

# FARM TO FORK CULINARY EXCELLENCE

A long time foodie paradise, Visalia has quietly become a hot spot for fresh-from-the-farm cuisine. Now, the secret's out! We're cookin' up all the finest dishes, attracting visitors from all over for our local favorites, sweet treats, creative recipes, great brews and tasty concoctions. We are ready to dish when you are.



## COOKING DEMONSTRATIONS

David Vartanian, chef at **The Vintage Press**, offers a popular, local tradition with monthly lunch and dinner cooking demonstrations where he shares his insight, experience and recipes. The family-owned restaurant was started in 1966 and embraced Visalia's entrepreneurial spirit ever since. Private demonstrations are also available for visiting groups. Guests enjoy questions, answers and humor as David prepares the meal and imparts hints from the kitchen. Dates vary. Can't make it for a Recipe Club? Then be sure you make reservations to dine. It is a special treat.



## NUT BUTTER TASTING

Where else can you sample 17 flavored nut butters, made fresh from locally produced, top-quality nuts? Local nut farmer, John Oneto has been producing nuts for more than 30 years and introduced all-natural nut butters to his customers. Drop by his store, **Naturally Nuts** to taste the true flavors of pistachio, hazelnuts, walnut, pecans, and almonds in creamy spreads that pair perfectly with celery, crackers, and even gelato. Want to take some home? He ships!



## AROUND THE WORLD IN DOWNTOWN VISALIA

Let's face it. Foodies want food! So explore Downtown Visalia. Our restaurants offer flavors from around the world, from Danish aebleskivers, to Indian curry dishes, to sushi to street food, and brew house favorites. No passport required! They are all listed in our Restaurant Guide.



## FARMERS MARKETS (WHERE YOU CAN MEET THE FARMER!)

Visalia's farmers markets all provide a wide selection of locally grown produce and handmade products. Chat with local farmers to learn more about our region's rich agricultural history

### Visalia Farmers Market

**Year - Round:** Every Saturday at Mooney Blvd. & Main Street. from 8am - 11:30am

**Seasonal:** Every Wednesday from May - Early August at Akers St. & Tulare Ave. from 8am - 11:30am

### DownTown Visalia's Certified Farmers Market

**Seasonal:** Every Thursday from March - December at Church St. & Main St. from 5pm - 8pm